

RESIDENCY

NEWSLETTER

Medicine Updates Clinical Pearls <i>UTI in pregnancy</i> Page 1	RLG Updates <i>Learn about the new FMC block and more</i> Director's Corner Page 2	PDOCC news <i>Jon Froyd gives us the scoop</i> Retreat Wrap-Up Page 3	Steering Committee <i>Meet the new members</i> M&M conference <i>Thanks for your support!</i> Page 4
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Updates from the Medicine Department

- Medical students should never enter urgent or stat orders as all med student orders require cosigning and this can result in delay of care for critically ill patients.
- Inpatient residents who have same-day clinic should never be assigned new patients who are in the ICU, unstable, or require urgent transfer.

CLINICAL PEARLS

Guidelines for UTI screening and prophylaxis in pregnancy

Screening

- Urine culture routinely in first trimester of pregnancy.
- Treat if single organism with $\geq 100,000$ cfu/mL.
- Only 1-2% of women with initial negative urine culture in 1st trimester go on to have pyelonephritis.
- Test of cure 1 week after completion of therapy for asymptomatic bacteriuria, UTI, or pyelonephritis.
- Screen for UTI symptoms at every visit.

Prophylaxis

- After one episode of acute pyelonephritis (recurrent bacteriuria occurs in 30-40%).
- After 2+ episodes of cystitis or asymptomatic bacteriuria.

Prophylaxis regimens

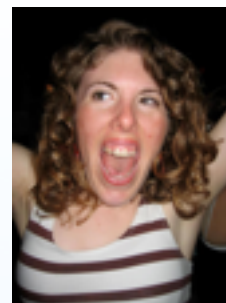
- 50-100 mg nitrofurantoin PO qhs
- 250-500 mg cephalexin PO qhs

This edition of "Clinical Pearls" taken from our recent M&M conference

Introducing....

YOUR NEW CHIEFS!

Jeana "Radiculous" Radosevich



Abby "Ragin' " Rardin



Joe "Manic" Mega



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UPCOMING EVENTS

- 4/26: M&M conference
- 4/26-4/28: 2nd year retreat
- 4/27-4/28: ALSO course
- 5/3: All Resident Meeting
- 5/3-5/5: CAFP Assembly
- 5/30: UCSF colloquium
- 6/14-6/25: Orientation
- 6/21: M&M conference
- 6/21: All Resident Meeting
- 6/27: Intern Day Off!
- 6/28: Graduation!!
- 8/1-8/3: Kansas City

NEWS FROM RLG

NEW Integrated Community Medicine curriculum:

- RRC required curricular elements are distributed within various rotations throughout your 3 years of training
- Community projects are now optional
- Any feedback, please email Karen at kalingog@ccfamilymed.com
- Read the full curriculum on the CCRMC Wiki (will be posted soon)

Creation of FMC block:

- RLG has adopted the concept of FMC block to increase clinic visits
- This was the most popular solution among residents at our retreat
- FMC block will replace the Selective block in 2nd year and TLC in 3rd year
- M&M presentation will be a requirement of FMC 3
- Block will include 4-5 family med clinics per week
- Other half-days may include in-basket and panel management
- If you would like to get involved in designing the new FMC blocks, please contact Lisa at lquinones@ccfamilymed.com

Call for new members! The residency leadership group and lead preceptor group both have openings for new faculty members. Please approach and encourage your favorite attending to consider joining!

Director's Corner

I've been away with Tai and Jeremy at the AAFP Program Directors Workshop in Kansas City. We learned a lot about what we can innovate in our program and how the resident and residency evaluation systems of the future will look. There is a lot of good energy around how we make strong Family Medicine physicians for the future of healthcare in the US. It is an exciting time to be a part of FM residency training!

At home, I plan to spend some time with each of the classes this spring to talk about how all of the change in medicine and medical education will affect you.

This time of year is one of preparation: R1s to transition to R2s; R2s to transition to R3s, complete with new Chiefs and scheduler; R3s to GRADUATE! Not to mention getting ready to welcome our incoming interns, starting June 14. We will all be busy and while there is usually some anxiety associated with "moving up" there is also a lot of positive energy and enthusiasm as you reflect on how you have grown and learned these last 10 months. Give yourselves some kudos!

Since Kansas City has been so fun, I hope to possibly come back in August with 4 of you to recruit at the AAFP National Conference. We'll talk about who wants to go at the next All Resident Meeting.



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PDOCC News

I recently attended the PDOCC members meeting. It was a long meeting filled with passionate words, frustrations, hopes and dreams...a lot like residency. Here is the future timeline of events as MacDonald described it:

First, we go into about a month of fact finding (lawyers are hired, facts are found). If after a month or so we are unable to get a contract, then we go into mediation. A third party is hired, they listen to both sides and meetings are held for 24 to 48 hours. If at that point still we have irreconcilable differences (like Shelly Long and Ryan O'Neil...does that make the residency Drew Barrymore?) then we are at an impasse. Then we can go on strike if the union members pass a majority vote. This is not a scary thing. Most strikes last only a couple days. The nurses do it all the time, which is why they have great contracts.

Bottom line...negotiations continue...I hope a strike is avoided...don't be surprised if a strike happens...I don't think the residency will be affected.

Love, Jon



Wrap up of All-Resident Retreat

- *Thanks again to all those who made the retreat a success, especially Lisa and Jay!*
- *We held successful sessions on single-payer health care, the ACA, disaster medicine, and clinic visit solutions*
- *If you have feedback about the retreat, please reply to Lisa's email and volunteer to help plan next year!*



CONGRATULATIONS
TO DAVE AND LISHA
ON THE ARRIVAL OF
BABY AUDREY!

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2013-2014 Steering Committee

Announcing our steering committee members! Let's thank them for stepping up.

- Scheduler: Jim Walls
- Recruitment: Geena Jester
- Resident Wellness: Jess Hamilton
- Global Health: Rohan Radhakrishna
- Electives: Christina Hamilton
- Academics: Leah Schweid
- Union: Jon Froyd

These individuals will need help from all of us to get things done over the next academic year. If you'd like to be involved in any of the initiatives above, contact them for more information.

M&M Conference!

Thanks to everyone who helped make the rebirth of resident-run Morbidity and Mortality conference a huge success. We had 18 residents and 16 faculty in attendance, a lively, thoughtful discussion, and lots of great learning points. See the calendar above for the next M&M conference date. They will be held the last Friday of the block from 8-9 am in the noon conference room. Special thanks to the M&M committee and their faculty advisors:

- Leah Schweid
- Jeana Radosevich
- Jim Walls
- Abby Luensmann
- Ori Tzvieli
- Rebecca Lee
- Pramita Kuruvilla
- Brian Johnson

Deep thoughts from your fellow residents

I am thankful for: "Working with an inspiring and lovely group of people."

I am looking forward to:

"Greater teamwork and **LEARNING AWESOME THINGS!!!!**"



Happy Birthday blocks

13 & 14!!!



Christina Hamilton 5/14
Paul Shen 5/14
Kate Goheen 5/19
Jay Reinking 5/21
Jeana Radosevich 5/22
David Carey 5/22

Ne Ferguson 5/26
Stephanie Cheng 5/29
Brent Porteous 5/31
Rohan Radhakrishna 6/24
Tina Toosky 6/24
Travis Nelson 6/26